

Rang	Teilnehmer	JG	Zeit-1	Zeit-2	Total
	<u>Kinder</u>				
	Kostomitsopoulos, Elia	2010	01:04,03	01:08,70	02:12,73
	Heindricks, Max	2007	01:07,69	01:07,03	02:14,72
	Kostomitsopoulos, Anna	2007	01:05,60	01:10,63	02:16,23
	Weinand, Frederik	2008	01:09,59	01:13,69	02:23,28
	Overwaul, Paula	2007	01:11,35	01:13,50	02:24,85
	Krämer, Niklas	2007	01:11,20	01:13,89	02:25,09
	Nickel, Jan	2009	01:14,13	01:12,82	02:26,95
	Nockemann, Sophie	2007	01:13,09	01:14,99	02:28,08
	Weinand, Lars	2007	01:13,41	01:15,06	02:28,47
	Seifert, Amelie	2009	01:16,14	01:12,62	02:28,76
	Göckeler, Niel	2008	01:15,33	01:14,05	02:29,38
	Nurk, Lennard	2007	01:15,38	01:15,89	02:31,27
	Diekmann, Sarah	2010	01:16,81	01:17,81	02:34,62
	Große-Lanwer, Annika	2007	01:14,29	01:21,43	02:35,72
	Heindricks, Inka	2010	01:19,07	01:18,45	02:37,52
	Niklas, Noah	2010	01:18,38	01:20,13	02:38,51
	Diekmann, Fiona	2008	01:19,17	01:20,11	02:39,28
	Spiess, Marie	2011	01:24,32	01:22,89	02:47,21
	Junker, Pia	2011	01:25,88	01:23,88	02:49,76
	Mester Jonas	2010	01:25,62	01:28,56	02:54,18
	Porbeck, Florian	2009	01:18,22	01:47,74	03:05,96
	Prange, Emma	2011	01:31,16	01:40,35	03:11,51
	Schlupp, Paul	2011	02:10,08	01:51,26	04:01,34
	Klemm, Constantin	2012	01:39,17	02:28,41	04:07,58
	Mester, Hannah	2008	01:15,10		
	<u>Schüler weiblich</u>				
	Goße-Lanwer, Fabienne	2005	01:01,95	01:03,99	02:05,94
	Hilmerich, Nina	2002	01:03,45	01:06,29	02:09,74
	Schürmann, Paula	2004	01:05,20	01:06,09	02:11,29

	Nockemann, Charlotte	2003		01:05,56	01:05,91	02:11,47
	Frigge, Chiara	2003		01:06,77	01:09,67	02:16,44
	<u>Schüler männlich</u>					
	Hannapel, Benedikt	2006		01:03,90	01:04,25	02:08,15
	Schürmann, Theo	2004		01:08,95	01:12,77	02:21,72
	Klemm, Maximilian	2006		01:11,95	01:12,23	02:24,18
	Schlotmann, Max	2006		01:12,67	01:14,56	02:27,23
	Frigge, Juri	2005		01:14,26	01:15,94	02:30,20
	<u>Damen Ü 18</u>					
	Heindricks, Christina	1979		01:13,27	01:13,34	02:26,61
	Klemm, Kerstin	1978		01:13,32	01:19,02	02:32,34
	<u>Damen Ü 41</u>					
	Kostomitsopoulus, Astrid	1970		01:04,24	01:05,66	02:09,90
	Göckeler, Anke	1975		01:03,13	01:08,34	02:11,47
	Nockemann, Barbara	1975		01:06,85	01:10,21	02:17,06
	<u>Herren Ü 41</u>					
	Hannapel, Matthias	1972		00:52,59	00:51,85	01:44,44
	Mester, Rainer	1974		00:59,80	00:58,32	01:58,12
	Porbeck, Frank	1977		00:59,08	00:59,75	01:58,83
	Donner, Christof	1966		01:00,71	00:59,91	02:00,62
	Nickel, Roland	1975		01:01,20	01:02,52	02:03,72
	Nockemann, Patrick	1967		01:04,52	01:05,77	02:10,29
	Heindricks, Jens	1974		01:06,04	01:04,49	02:10,53
	Burmann, Horst	1963		01:06,28	01:06,15	02:12,43
	Kropf, Thomas	1974			01:02,53	
	Pöttgen, Oliver	1968				
	<u>Nachwuchsteam</u>					

Pöttgen, Hannes	1999		00:57,66	00:59,91	01:57,57
Burmann, Eva	2001		01:03,81	01:00,01	02:03,82
Schürmann, Emma	2002		01:06,74	01:06,53	02:13,27